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New Adult Nonfiction –May 2026

<i>American Rambler: Walking the Trail of Johnny Appleseed</i>	Fitzgerald, Isaac
<i>Art from the Garden: Create 25 Beautiful Botanical Projects</i>	Michaels, Kerry
<i>Backtalker: An American Memoir</i>	Crenshaw, Kimberlé Williams
<i>Birth Vibes: Stories and Strategies for an Empowered Birth</i>	Hamilton, Jen
<i>Bitter Honey: Big Ag's Threat to Bees and the Fight to Save Them</i>	Durant, Jennie
<i>Book Lovers' New England: A Guide to Literary Landmarks</i>	Moeschen, Sheila
<i>The Company We Keep: Friendship, Connection, and Redefining What It Means to Grow Together</i>	Elle, Alexandra
<i>Crime Fictions: How Racist Lies Built a System of Mass Wrongful Conviction</i>	Gonzalez Van Cleve, Nicole
<i>In Season: 125+ Sweet and Savory Recipes Celebrating Simple, Fresh Ingredients</i>	Steele, Lisa
<i>An Inconvenient Widow: The Torment, Trial, and Triumph of Mary Todd Lincoln</i>	Romano, Lois
<i>Incorruptible: Why Good Companies Go Bad... and How Great Companies Stay Great</i>	Ries, Eric
<i>Inside the Box: How Constraints Make Us Better</i>	Epstein, David
<i>Kimchi: 80 Recipes for Classic Kimchi and Modern Twists</i>	Kim, Jihyun 'Kimmy'
<i>The Land and Its People: Essays</i>	Sedaris, David
<i>The Let That Sh*t Go Guide to Life: Say Nope to Nonsense and Live a Kickass Life</i>	Sweeney, Monica
<i>A Little More Social: How Small Choices Create Unexpected Happiness, Health, and Connection</i>	Epley, Nicholas
<i>The Lost Voices of Pompeii: Life and Death on Pompeii's Final Day</i>	Venner Jess
<i>Make Believe: On Telling Stories to Children</i>	Barnett, Mac
<i>Migrant Heart: Essays about Things I Can't Forget</i>	Grande, Reyna
<i>The Place Between Our Pains: A Memoir of What Joy Can Survive</i>	Ramsey, K. J.
<i>Roddy McDowall: An Actor's Life</i>	Garza Bernstein, Samuel
<i>Spanglish: Recipes & Stories</i>	Carlo, Monti
<i>Stevie Nicks in 50 Songs</i>	Zaleski, Annie
<i>The Swedish Cookbook: Lagom Flavors for the Modern Kitchen</i>	Ekstedt, Niklas

A Terrible Strength: The Hidden Crisis of the Black Womb and Your Survival Guide to Healing

Doll, Kemi

This Dark Night: Emily Bronte, a Life

Lutz, Deborah

A Time to Gather: How Ritual Created the World—And How It Can Save Us

Feiler, Bruce

True Crime: A Memoir

Cornwell, Patricia

Ulysses S. Cat and Other Animals I Have Known

Simon, Scott

*Unlearn Your Pain: The Science of Recovering from Chronic Pain, Fatigue, Anxiety, and
Depression*

Schubiner, Howard

What's Going Right: A Powerful New Method for Optimizing Your Mental Health

Conti, Paul