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New Adult Nonfiction – February 2024

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Attenberg, Jami

5 Ingredients Mediterranean: Simple Incredible Food Oliver, Jamie

Aid State: Elite Panic, Disaster Capitalism, and the Battle to Control Haiti

Johnston, Jake

Alexandria: The City That Changed the World

Alphabetical Diaries

The Alternative: How to Build a Just Economy

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Romeo, Nick

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Olsen, Gregg

Are You Prepared for the Storm of Love Making?: Letters of Love and Lust from the White House

Hoobler, Dorothy

Be a Revolution: How Everyday People Are Fighting Oppression and Changing the World–And

How You Can, Too
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Blood: The Science, Medicine, and Mythology of Menstruation
Gunter, Jen
Break the Cycle: A Guide to Healing Intergenerational Trauma
Clay and Bones: My Life as an FBI Forensic Artist
Bailey, Lisa G.

Come Together: The Science (and Art!) of Creating Lasting Sexual Connections

Nagoski, Emily

Cool Food: Erasing Your Carbon Footprint One Bite at a Time Downey, Robert, Jr.

The Counterfeit Countess: The Jewish Woman Who Rescued Thousands of Poles During the

Holocaust White, Elizabeth B.

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Herold, Benjamin

Domestic Darkness: An Insider's Account of the January 6th Insurrection, and the Future of

Right-Wing Extremism Farnam, Julie

Epic Homesteading: Your Guide to Self-Sufficiency on a Modern, High-Tech, Backyard

Homestead Espiritu, Kevin

Everyone Who Is Gone Is Here: The United States, Central America, and the Making of a Crisis

Blitzer, Jonathan

Fight Right: How Successful Couples Turn Conflict Into Connection	on Gottman, Julie Schwartz
Fodor's InFocus Barbados and St. Lucia	Fodor's Travel Guides
Get the Picture: A Mind-Bending Journey Among the Inspired Ar	tists and Obsessive Art Fiends
Who Taught Me How to See	Bosker, Bianca
Grief Is for People	Crosley, Sloane
Gut Check: Unleash the Power of Your Microbiome to Reverse D	isease and Transform Your
Mental, Physical, and Emotional Health	Gundry, Steven R., MD
A Hitch in Time: Reflections Ready for Reconsideration	Hitchens, Christopher
How to Be a Renaissance Woman: The Untold History of Beauty	& Female Creativity
	Burke, Jill
How to Win Friends and Influence Fungi: Collected Quirks of Scio	ence, Tech, Engineering, and
Math from Nerd Nite	Balakrishnan, Chris
The Hunger Habit: Why We Eat When We're Not Hungry and Ho	ow to Stop
	Brewer, Judson
Living the Artist's Way: An Intuitive Path to Greater Creativity	Cameron, Julia
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Look Again: The Power of Noticing What Was Always There	Sharot, Tali
Madness: Race and Insanity in a Jim Crow Asylum	Hylton, Antonia
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	Nguyen, Tina
Making It in America: The Almost Impossible Quest to Manufac	ture in the U.S.A. (and How It
Got That Way)	Slade, Rachel
Misunderstood Vegetables: How to Fall in Love with Sunchokes,	Rutabaga, Eggplant and More
	Selengut, Becky
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Moon New York State: Getaway Ideas, Road Trips, Local Spots	Moon Travel
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National Geographic Bucket List Family Travel: Share the World	with Your Kids on 50 Adventures
of a Lifetime	Gee, Jessica
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One in a Millennial: On Friendship, Feelings, Fangirls, and Fitting In

Kennedy, Kate

The Other Significant Others: Reimagining Life with Friendship at the Center

Cohen, Rhaina

Our Hidden Conversations: What Americans Really Think about Race and Identity

Norris, Michele

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Taffa, Deborah

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