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NEW NONFICTION – APRIL 2021

BIOGRAPHY | AUTOBIOGRAPHY | MEMOIR

Broome, Brian. *Punch Me Up to the Gods: A Memoir*

Hough, Lauren. *Leaving Isn't the Hardest Thing*

Todd, Kim. *Sensational: The Hidden History of America's "Girl Stunt Reporters"*

Morton, Andrew. *Elizabeth & Margaret: The Intimate World of the Windsor Sisters*

Washington, Kate. *Already Toast: Caregiving and Burnout in America*

Zoffness, Courtney. *Split Milk*

COOKING

Gardner, Lindsay. *Why We Cook: Women on Food, Identity, and Connection*

Gallucci, Larel. *Sweet Laurel Savory: Everyday Decadence for Whole-Food, Grain-Free Meals*

Khan, Yasmin. *Ripe Figs: Recipes and Stories from Turkey, Greece, and Cypress*

ESSAYS

Washuta, Elissa. *White Magic*

FAMILY | RELATIONSHIPS

Doucleff, Michaeleen. *Hunt, Gather, Parent: What Ancient Cultures Can Teach Us About the Lost Art of Raising Happy, Helpful Little Humans*

HEALTH | FITNESS

Pontzer, Herman. *Burn: New Research Blows the Lid Off How We Really Burn Calories, Lose Weight, and Stay Healthy*

Sherzai, Dean. *The 30-Day Alzheimer's Solution: The Definitive Food and Lifestyle Guide to Preventing Cognitive Decline*

HISTORY

Berkowitz, Eric. *Dangerous Ideas: A Brief History of Censorship in the West, from the Ancients to Fake News*

Brown, Daniel James. *Facing the Mountain: A True Story of Japanese American Heroes in World War II*

Dreilinger, Danielle. *The Secret History of Home Economics: How Trailblazing Women Harnessed the Power of Home and Changed the Way We Live*

Salzman, Cynthia. *Plunder: Napoleon's Theft of Veronese's Feast*

Taylor, Alan. *American Republics: A Continental History of the United States, 1783-1850*

POLITICAL SCIENCE

Milkman, Ruth. *Immigration Matters: Movements, Visions, and Strategies for a Progressive Future*

Napolitano, Jo. *The School I Deserve: Six Young Refugees and Their Fight for Equality in America*

RELIGION

Pradas, Lidia. *The Path of the Witch: Rituals & Practices for Discovering Which Witch You Are*

SCIENCE

Zimmer, Carl. *Life's Edge: The Search for What It Means to Be Alive*

SOCIAL SCIENCE

Bail, Chris. *Breaking the Social Media Prism: How to Make Our Platforms Less Polarizing*

Baldwin, James. *Nothing Personal*

Mechanic, Michael. *Jackpot: How the Super-Rich Really Live – and How Their Wealth Harms Us All*

Richards, Jake. *Doctoring the Devil: Notebooks of an Appalachia Conjure Man*

TRUE CRIME

Brown, Julie K. *Perversion of Justice: The Jeffrey Epstein Story*