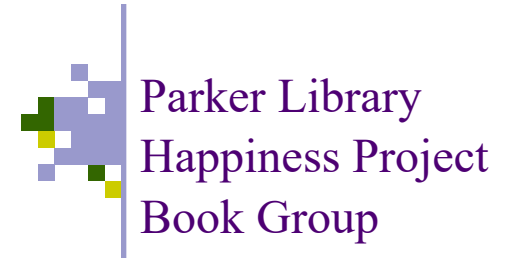
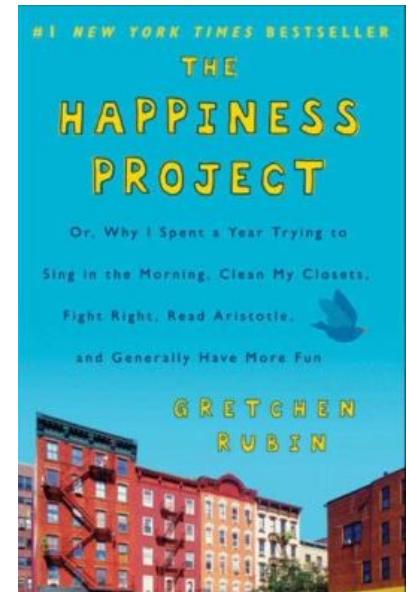




For more information about this book group or any of our other book groups, please call the library at 978-454-5474.



Do you agree?



2019

M.G. Parker Memorial Library  
28 Arlington St., Dracut, MA 01826  
[www.dracutlibrary.org](http://www.dracutlibrary.org)

**Parker Memorial Library**  
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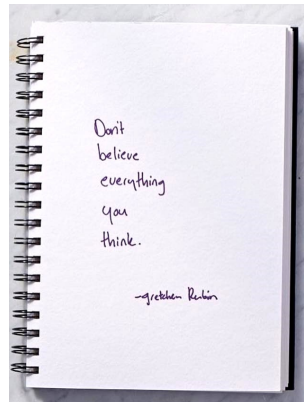
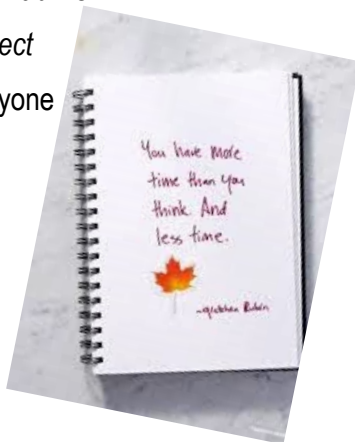


## Parker Library Happiness Project Book Group

Join us for fun discussions! We will read a chapter of Gretchen Rubin's *The Happiness Project* each month and experiment with what changes we can make to bring more joy into our own lives.

We will meet on the 2nd Saturday of the month, from 9:30 am to 10:30 am in the Meeting Room. New members are always welcome.

Copies of Gretchen Rubin's *The Happiness Project* will be given to everyone that registers for the program.



**Saturday, January 12:**  
*Boost Energy*

**Saturday, February 9:**  
*Remember Love*

**Saturday, March 9:**  
*Aim Higher*

**Saturday, April 13:**  
*Lighten Up*

**Saturday, May 11:**  
*Be Serious About Play*

**Saturday, June 8:**  
*Make Time For Friends*

**Saturday, September 14:**  
*Pursue a Passion*

**Saturday, October 12:**  
*Pay Attention*

**Saturday, November 9:**  
*Keep a Contented Heart*

**Saturday, December 14:**  
*Boot Camp Perfect*

